--- MARATHON & HALF ---

Athlete Info Packet

Thank you for signing up for the 2019 Clif Bar Mountains 2 Beach Marathon, Half Marathon and 5k and kids 1k taking place on Memorial Day Weekend. Please review all information in this packet well before race day to make your race weekend a smooth and positive experience.

Follow these Pre-Race Directions to ensure an efficient pre-race experience!

- Visit the Mountains 2 Beach Marathon and 1/2 Event site for up-to-date info!
- Click on Race Weekend Info tab.
- Read all information and look at all maps
- Bring Photo ID or copy of ID and a physical signed waiver for any packet you are grabbing to packet pickup, NO ID, NO WAIVER, NO PACKET!!!!
 - Waiver can be found at: https://mountains2beachmarathon.com/event/important-documents-racer-info/
- Use this <u>link</u> to look up your bib number once information becomes available after the week of 5/13.
- Or, you can look up your bib number on one of the tablets at packet pickup
- Shuttle time and location will be on your bib; you must ride your pre-selected shuttle
- LOOK AT THE PARKING MAP(s) FOR YOUR SHUTTLE LOCATION AND PICK A PLAN A AND PLAN B FOR YOUR NEEDS COME RACE MORNING











--- MARATHON & HALF ---

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EVENT SCHEDULE

Sat May 25, 2019

10: 00 AM	Packet Pickup at Ventura County Fair Grounds, Anacapa Hall	
	opens	
	(Parking is \$5 cash only at the Fairgrounds or in Downtown	
	Ventura for free. NO PARKING on Shoreline Dr. Police will ticket)	
11:00 AM	Pasta Lunch Begins. Proceeds benefit Ventura High School Cross	
	Country	
1: 00 PM	Kids 1k Starts	
3:00 PM	Pasta Lunch Ends.	
7:00 PM	Packet Pickup closes	
7:01 PM	Any unclaimed packets go up for sale on first come first serve	
	basis	
8:00 PM	Unclaimed Packet Sale ends.	

Sunday May 26, 2019

4:00 AM	First Shuttles departs Downtown Ventura and Ventura County govt. Center pick up areas.
5:00 AM	Last Full Marathon Shuttle leaves Downtown Ventura and Ventura County Govt. Center Pickup areas
5:15 AM	Last ½ marathon shuttle leaves downtown Ventura pickup area
5:30 AM	Inside Track Beach Front 5k morning packet pickup/ race day registration starts
6:00 AM	Marathon and Half Marathon start
7:00 AM	Inside Track Beach Front 5k start
7:10-7:20 AM	First 1/2 Marathoner expected. First 5k finisher expected
7:30 AM	Beer Garden opens/ music begins
8:20-8:30 AM	First Marathoner expected
9:00 AM	Return Shuttles to the Govt. Center only begin operating from
	the Amtrak Station at the Ventura County Fairgrounds.
11:30 AM	Course Cutoff at Mile 23 *see more info under course info
2:00 PM	Party continues till last finisher
2:30 PM	Final return shuttle for the Govt. Center leaves the finish area

--- MARATHON & HALF ---

Packet Pickup -

SATURDAY May 25TH, 2019 from 10:00AM-7:00 PM

Location: Ventura County Fair Grounds at Seaside Park, Anacapa Hall 10 W Harbor Blvd, Ventura, CA 93001 (Parking is \$5 cash at the Fairgrounds)

Event(s): Full Marathon/ 1/2 Marathon/ 5k/ 1k

- YOU MAY PICK UP MULTIPLE PACKETS WITH COPIES OF ALL ID'S AND SIGNED WAIVERS
 - NO ID OR COPY OF ID AND NO WAIVER, NO PACKET

*****NOTE- Any full or half marathon packet that has NOT PAID for race day packet pickup and has not picked up by 7 pm on Sat May 25, 2019 will be sold on a first come, first serve basis. So tell your friends they might be able to still get in.

Pre-Race Pasta Lunch

- In case you haven't heard, there will be a pre-race pasta feed. In conjunction with our packet
 pick up on Saturday, <u>100%</u> of the pasta dinner proceeds goes directly to Ventura High School
 Cross Country.
- What- Pasta lunch
- When- Sat May 25 at 11:00 am- 4:00 pm
- Where- at packet pickup at the Ventura County Fair Grounds Anacapa Hall
- How much- \$10.00

<u>Didn't buy your dinner tickets on line? No problem, come with cash and/ or credit card and we can take care of you.</u>

--- MARATHON & HALF ---

Packet Pickup Parking

Fairgrounds Parking - 5\$ cash only

Free parking is located in Downtown Ventura, 5-10 minute walk.



Parking for packet pickup is located at the Ventura County Fair Grounds. Enter on Figueroa St. and proceed to Lot C for parking. DO NOT PARK ON SHORELINE DR. VENTURA POLICE WILL TICKET. Anacapa Hall is one of the big buildings to your right. Look for Clif and M2B signs. Parking at the fairgrounds is 5\$ CASH ONLY!

--- MARATHON & HALF ---

Race Day Packet Pickup

SUNDAY May 26th, 2019 (race morning) 5K pickup begins at 5:30 AM

Event(s): 5k only (unless purchased during registration for the Full and half marathon)
Location: Start lines of respective races (5k will be at finish line near dead end of
Shoreline Dr in Ventura)

- NO ID OR COPY OF ID, NO WAIVER, NO PACKET
- IF YOU ARE IN THE 1/2 MARATHON OR THE FULL MARATHON AND <u>DID NOT</u>
 PURCHASE THE RACE DAY PACKET PICKUP, YOUR PACKET WILL NOT BE THERE!!!

Race Day Registration

There <u>WILL NOT</u> be any 1/2 marathon or full marathon race day registrations.

In the event the 5k does not sell out before the race, day of registration will be available for the 5k ONLY and will take place at the 5k packet pickup location. (see <u>Race Day packet pickup</u> for location)

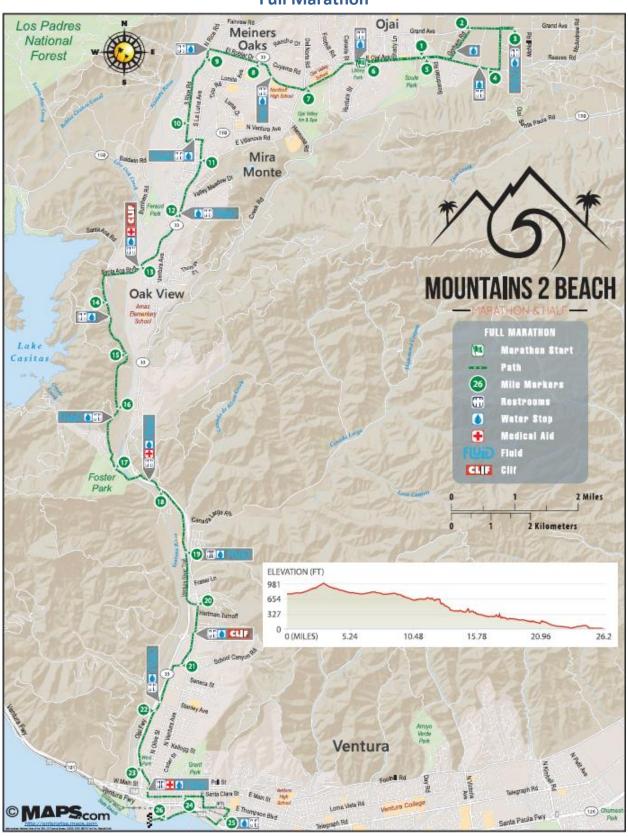
Bib by Mail

If you purchased the option for bib by mail, you will receive your bib approx. a week before race day. Simply show up to the shuttle time you selected, (it will be printed on your bib) and when you get to the finish area head over to the race store to collect your shirt.

If you did not receive your bib before you left for the event, email us ASAP so we can take care of you.

--- MARATHON & HALF ---

Full Marathon



--- MARATHON & HALF ---

Full Marathon Start Time/Location

Race Start-6:00 AM

Location- Intersection of Signal St. and Hwy 150 in Downtown Ojai

Course Description- The course begins in Downtown Ojai with a 6-mile loop which brings runners back by the start area and also makes for great spectating as it heads towards mile 7 and the community of Meiners Oaks. After several miles, the course takes a right onto the Ventura River Bike Path to Santa Ana Blvd, a beautiful country road. After several miles trending downhill, runners begin to see civilization again on Ventura Ave, just in time to jump back on the incredible Ventura Bike Path for a few more miles. After a tour of downtown Ventura, runners make one of the final turns and come face to face with the famous Ventura beach front. Try not to get distracted by the beauty as you still have just over a mile to go. More than a mile of beach side running brings you to the finish line and festival. Over the 26.2 miles you will see beautiful mountain peaks, the Ventura River Basin, the gorgeous Ventura Promenade, and the world-renowned Ventura Coast line. There is a total downhill of over 700 feet.

Full Marathon Aid Stations- There will be 17 aid stations *distances are approximate

- Water stations will be located at miles: 1.5, 2.8, 4.1, 6.1, 7.7, 8.8, 10.4, 11.9, 13, 14.2, 16, 17.6, 18.9, 20.3, 21.8, 23.2, and 25 It is <u>RECOMMENDED</u> that you carry your own water supply.
- **Electrolyte drink** provided by Fluid will be at miles: 2.8, 7.7, 10.4, 11.9, 16, 17.6, 18.9, 20.3, 21.8, 23.2
- Energy gels will be provided by Clif Bar and located at mile 13 and mile 20.3
- Basic First AID will be available at the all water stations.
- First Aid will be available at mi 13, mi 17.6, mi 23.2 and the Finish
- Bathrooms will be available at every Aid Station except Aid Station A at mile 1.5

--- MARATHON & HALF ---

Course cutoff **Updated for 2019**

Due to permitting restrictions, we will have the following course cutoff policy.

Runners must maintain a 15 min/per mile pace through miles 6, 13 and 23 in order to finish with full support from the event staff and volunteers. If you plan on/or end up running slower than a 15 min mile please pay attention to the following:

- Mile 6 at 7:45 am (17.5 min mile pace) If you are at this point after 7:45 am you will not be able to continue. All traffic control/course markings/mile markers/ and aid stations will be removed at this time. The race will not be able to provide you with any services if you decide to continue. If you would like to stop, the event will provide free transportation to the finish line area from this location.
- Mile 13 at 9:45 am (17.5 min per mile pace) If you are at this point after 9:45 am you will not be
 able to continue. All traffic control/course markings/mile markers/ and aid stations will be
 removed at this time. The race will not be able to provide you with any services if you decide to
 continue. If you would like to stop, the event will provide free transportation to the finish line
 area from this location.
- Mile 23 at 11:30 am- this cut off will impact more runners but is not a mandatory stopping
 point. If impacted you will be given a map and a bottle of water to finish the last 3.2 miles. Our
 permits require certain roads in downtown Ventura to open at this time, so rules of the road will
 apply. Runners must use sidewalks and crosswalks where appropriate. Course markings/mile
 markers/and aid stations will be removed. Follow the map to the Finish Line, we will be waiting
 for you and you will receive an official time.

Finishers Medals



Upon completion of the event, all participants will receive their finisher's medal.

--- MARATHON & HALF ---

I tab

For those of you who purchased your Itab personalized engraving plate for the back of your medal, we will submit results to Itab within 1 week of the event and they will ship your name plate directly to you with instructions on how to install it to your medal.



Awards -

There will be an Awards Tent in the Finish Expo area. If you think you won an overall or age group award simply head over to the awards tent and they will look up your name and let you know. If you won, the volunteers will give you your prize right then and there. NO WAITING FOR A PESKY CEREMONY!!!!!

Award Brackets

Full marathon-

- Top 5 overall (male and female) ****
- Top 3 Male and Female in each Age Group. Age groups are as follows: 19 and under, 20-24, 25-29...80+

****There is no ceremony. Simply head to the awards booth and collect your award there.

Shuttles- See "Shuttles Locations/ Shuttle Parking"

Start line Parking

(NOT RECOMMENDED) There is extremely limited parking near the start line in Downtown Ojai. Hwy 150 will be closed to traffic in both directions from Signal St to Gorham Rd. with detours in place. If you plan to drive yourself, or are a spectator, parking is on a first come first serve basis and is in the residential area North of Hwy 150. Pay attention to all parking signs as Mountains 2 Beach and its affiliates and sponsors are not responsible for parking tickets or towing. Note- if you drive yourself to the start line, you must find your own way back to your car after the event.

Do Not Park in Athlete Drop off Zone.

Shuttles will only take participants to the start before the race. NOT after.

Wave Starts

All participants in the Full and Half Marathon selected their starting corral when registering based on your expected finish times. The front of your bib will correspond to your wave: yellow, blue, or green.

Yellow: Wave 1
 Blue: Wave 2
 Green: Wave 3

--- MARATHON & HALF ---

There will be colored flags at the start line indicating the beginning of the wave's zone. Simply line up BEHIND those flags and wait for your wave to start.

Waves will start in 2-minute intervals. You must start in your wave.

Pace Teams

Pace teams are being hosted by Inside Track of Ventura. They are some amazing individuals dedicated to helping you reach your goals. Look for them in bright pacer tanks or t shirts and carrying signs at the start.

Pace groups are as follows:

3:00 Finish Time	Stephen Wolff	3:45 Finish Time	Hanoch Raviv &
			Oksana Obolkina
3:05 Finish Time	Ponna Natraj	3:55 Finish Time	Roni Konitz & Anthony
			Andrada
3:10 Finish Time	Don Wang	4:00 Finish Time	Christopher Rosario &
			Michelle Krok
3:15 Finish Time	David Pai	4:10 Finish Time	Yongbing Wan & Linda
			Price
3:25 Finish Time	Chris Hartley & Levine	4:25 Finish Time	Sean Enderton &
	Ching		Maricar Montano
3:30 Finish Time	Lino Torres & Scott	4:40 Finish Time	Tac Phung
	Douglas		
3:35 Finish Time	Grant Barnett & Scott	4:55 Finish Time	Julie Lindgren
	Kunz		
3:40 Finish Time	Anne-Marie Frisch &		
	Vivian Bonner		

**** Pace groups are subject to change without notice and are not guaranteed

Meet the Pacers

Meet the official 2019 Clif Mountains 2 Beach Marathon and Half Marathon Pace Team sponsored by Inside Track; 4 pm-5 pm at the Inside Track booth on Sat. May 25, 2019

--- MARATHON & HALF ---

Getting dropped off or driving yourself?

To get dropped off at the Full marathon Start line driving from Ventura:

Head North on Hwy 33 until Hwy 33 and Hwy 150 branch away from each other. Take slight Right onto Hwy 150. Continue into Downtown Ojai. Road closure for event starts at Ventura St.

- 1. Take Left onto Blanche St
- 2. Immediate Right onto Matillija St.
- 3. Athlete drop off zone is between Signal St and Montgomery St. <u>Do not park, simply stop and let runners out and continue driving</u>. Be courteous to other runners and drivers. <u>DO NOT PARK in drop off zone for any reason!!!!</u>
- 4. Continue through drop off zone
- 5. Then turn left onto Montgomery St
- 6. Followed by a left onto Aliso St,
- 7. Continue to Ventura St.
- 8. Then another left on Ventura St.
- 9. From there follow detour signs to get back to Ventura. See below map!!!!



--- MARATHON & HALF ---

To get dropped off at the Full Marathon Start Line driving from Santa Paula:

- 1. Take Hwy 150 North out of town (also known as 10th St.)
- 2. Continue until in Ojai at Reeves Rd.
- 3. Turn Right onto Reeves Rd
- 4. then Left Mcnell,
- 5. then a Left on Thacher,
- 6. then a Left on Carne
- 7. and a Right on Grand Ave
- 8. then Left onto Signal St.
- Turn Left onto Matillija St. Athlete drop off zone is between Signal St and Montgomery St. <u>Do</u>
 not park, simply let runners out and continue driving. Be courteous to other runners and drivers.
 DO NOT PARK in drop off zone for any reason!!!!
- 10. Then turn left onto Montgomery St
- 11. Followed by a left onto Aliso St,
- 12. Continue to Ventura St.
- 13. Then another left on Ventura St.
- 14. From there follow detour signs to get back to Ventura or reverse the way you came in to get to Santa Paula



--- MARATHON & HALF ---

Got your BQ? Hit the Gong!

• As always, the now famous M2B to Boston Gong will be setup and ready for all Boston Qualifiers to shout it to the world!



Start line Bathrooms

Ample bathrooms will be provided at the start line and will be located on Signal St just south of Hwy 150.

There are **no bathrooms** in Libbey Park near the Start line. There is an Art Festival that will be in the park during the early hours of the morning and **we must not enter the park**. All bathrooms for the full marathon start will be on Signal Street.

--- MARATHON & HALF ---

Bag Check

Bag Check will be available at the start line.

- There will not be bag check at the start of the 5k
- You will be supplied 1 (one) standard size clear plastic grocery bag (Do not put anything sharp in bag as it may tear) Your possessions must fit into 1 (standard) size grocery plastic bag. NO EXCEPTIONS!!!!!
- No bags except the event supplied bags will be accepted at the bag drop
- CLEARLY MARK your bag with your bib number. (We will supply tags and sharpies)
 - Neither Mountains 2 Beach nor any of its sponsors, affiliates or volunteers are responsible for lost, stolen or damaged bags/ items. Do not leave valuables in your checked bag!!

Bags will then be transported to the finish line area Look for tent labeled "Bag Pickup" Bags will be labeled by Bib Number.





Half Marathon



--- MARATHON & HALF ---

Half Marathon Start time/Location

Race Start- 6:00 AM

Location- Intersection of Monte Via and Santa Ana Blvd in Oak View

Course Description- The Clif Mountains 2 Beach Half-Marathon is a fast, beautiful, point to point 13.1-mile course. The start line is on a quiet little country road, Santa Ana Blvd in in the little town of Oak View. You will begin your race at the half way point of the Full Marathon. The gradual downhill nature of the route will wind through Ventura's west side valley to Ventura. The gorgeous oceanfront awaits with views of the Channel Islands. Try not to get distracted by the beauty of the area as you still have more than a mile of ocean side running to do. Finishing just past the historic Ventura Pier. The Clif Mountains 2 Beach Half-Marathon course is designed to be fast with a little down-hill to give the 13.1 milers a similar experience to the marathoners. The finish line and festival are directly adjacent to the beach which beckons you for a post-race soak. The course should run lightning fast!

ATTENTION HALF MARATHONERS!!!!- The 5k will join into the course at mile 10.5. If you are hoping to finish in 1:12- 1:20, there may be groups of 5k'ers on course until they get a chance to spread out.

Half Marathon Aid Stations- There will be 8 aid stations *distances are approximate

- Water stations will be located at miles: 1.1, 2.9, 4.5, 5.8, 7.2, 8.7, 10.1, 11.9 It is RECOMMENDED that you carry your own water supply.
- Electrolyte drink provided by Fluid will be at miles: 2.9, 4.5, 5.8, 7.2, 8.7, 10.1
- Energy gels will be provided by Clif and located at mile 7.2
- Basic First AID will be available at the all water stations.
- **First AID** will be available at the mile 4.5, 10.1 and the Finish.
- Bathrooms will be available at every aid station

--- MARATHON & HALF ---

Course cutoff

Due to permitting restrictions, we will have the following course cutoff policy.

Mile 10 at 11:30 am- this cut off will impact few if any Half Marathoners runners and is not a
mandatory stopping point. If impacted you will be given a map and a bottle of water to finish
the last 3.1 miles. Our permits require certain roads in downtown Ventura to open at this time
so rules of the road will apply. Course markings/mile markers/and aid stations will be removed.
Follow the map to the Finish Line, we will be waiting for you and you will receive an official time.

— MARATHON & HALF —

Finishers Medals



Upon completion of the event, all participants will receive their finisher's medal.

I tab

For those of you who purchased your Itab personalized engraving plate for the back of your medal, we will submit results to Itab within 1 week of the event and they will ship your name plate directly to you with instructions on how to install it to your medal.



Awards -

There will be an awards tent in the finish expo area. If you think you won an overall award simply head over to the awards tent and they will look up your name and let you know. If you won, the volunteers will give you your prize right then and there. NO WAITING FOR A PESKY CEREMONY!!!!!

Award Brackets

Half Marathon-

- Top 5 overall (male and female) ****
- Top 3 Male and Female in each Age Group. Age groups are as follows: 19 and under, 20-24, 25-29...80+

****There is no ceremony. Simply head to the awards booth and collect your award there.

Shuttles- See "Shuttles Locations/ Shuttle Parking"

Start Line Parking

(Highly Discouraged)There is extremely limited parking in the surrounding neighborhood in Oak View. Please be respectful of the locals, and not be loud in the morning. Pay attention to all parking signs as Mountains 2 Beach and its affiliates and sponsors are not responsible for parking tickets or towing. Any participants choosing to park at the start will need to find their own way back up after the race. Shuttles will only take participants to the start before the race. NOT after.

Wave Starts

All participants in the Full and Half Marathon selected their starting corral when registering based on your expected finish times. The front of your bib will correspond to your wave: yellow, blue, or green.

Yellow: Wave 1
 Blue: Wave 2
 Green: Wave 3

There will be colored flags at the start line indicating the beginning of the wave's zone. Simply line up BEHIND those flags and wait for your wave to start.

Waves will start in 2-minute intervals. You must start in your wave.

--- MARATHON & HALF ---

Pace Teams

Pace teams are being hosted by Inside Track of Ventura. They are some amazing individuals dedicated to helping you reach your goals. Look for them in bright pacer tanks or t shirts and carrying signs at the start.

Pace groups are as follows:

1:30 Finish Time	Kevin Kamai	
1:40 Finish Time	Chris Louie	
1:50 Finish Time	Andy Rodemich	
2:00 Finish Time	Joe Buccino	
2:10 Finish Time	Gabe Wu	
2:20 Finish Time	Bear Caudillo	
2:30 Finish Time	Paul Newberry	

**** Pace groups are subject to change without notice and are not guaranteed

Meet the Pacers

Meet the official 2019 Clif Mountains 2 Beach Marathon and Half Marathon Pace Team sponsored by Inside Track; 4 pm-5 pm at the Inside Track booth on Sat. May 25, 2019

--- MARATHON & HALF ---

Getting dropped off or driving yourself?

To get dropped off at the 1/2 Marathon Start Line driving from Ventura:

Head North on Hwy 33 until the Town of Oak View.

- 1. Take Left onto Mahoney Ave. (PLEASE BE CONSIDERATE OF THE LOCALS) (<u>Do not turn Left onto Santa Ana Blvd</u>. It is for shuttle access only)
- 2. Turn Right on Prospect St.
- 3. Athlete drop off zone is on Prospect St. between Mahoney Ave and Santa Ana Blvd. <u>Do not park, simply stop and let runners out and continue driving</u>. Be courteous to other runners and drivers. <u>DO NOT PARK in drop off zone for any reason!!!!</u>
- 4. Continue through drop off zone
- 5. Then turn Right onto Santa Ana Blvd.
- 6. Either;
 - a. Find Parking in the nearby neighborhood to watch the start, or,
 - b. Turn Right onto Hwy 33 and head back towards Ventura.

To get dropped off at the 1/2 Marathon Start Line driving from Ojai:

Head South on Hwy 33 towards Ventura to the town of Oak View.

- 1. Take Right onto Mahoney Ave. (PLEASE BE CONSIDERATE OF THE LOCALS) (<u>Do not turn Right</u> onto Santa Ana Blvd. It is for shuttle access only)
- 2. Turn Right on Prospect St.
- 3. Athlete drop off zone is om Prospect St. between Mahoney Ave and Santa Ana Blvd. <u>Do not park, simply stop and let runners out and continue driving</u>. Be courteous to other runners and drivers. DO NOT PARK in drop off zone for any reason!!!!
- 4. Continue through drop off zone
- 5. Then turn Right onto Santa Ana Blvd.
- 6. Either;
 - a. Find Parking in the nearby neighborhood to watch the start, or,
 - b. Turn Right onto Hwy 33 and head back towards Ventura.

See drop off map on Next Page

— MARATHON & HALF —

Half Marathon Start Line Drop Off Map

(Be courteous to the locals, no loud noises)



--- MARATHON & HALF ---

Start line Bathrooms

Ample bathrooms will be provided and will be located on Santa Ana Blvd just West of Monte Via and Santa Ana.

Bag Check

Bag Check will be available at the start line.

- There will not be bag check at the start of the 5k
- You will be supplied 1 (one) standard size clear plastic grocery bag (Do not put anything sharp in bag as it may tear) Your possessions must fit into 1 (standard) size grocery plastic bag. NO EXCEPTIONS!!!!!
- No bags except the event supplied bags will be accepted at the bag drop
- CLEARLY MARK your bag with your bib number. (We will supply tags and sharpies)
 - Neither Mountains 2 Beach or any of its sponsors, affiliates or volunteers are responsible for lost, stolen or damaged bags/ items. Do not leave valuables in your checked bag!!

Bags will then be transported to the finish line area Look for tent labeled "Bag Pickup" Bags will be labeled by Bib Number.





--- MARATHON & HALF ---

5K



5k Start time/Location

Race Start-7:00 AM

Location- Dead end of Shoreline Dr. in Ventura next to the Ventura County Fair Grounds

--- MARATHON & HALF ---

Course Description- With a beautiful ocean side start the Inside Track Beachfront 5k starts near the finish line for all three events and heads directly to downtown Ventura where it joins in with the full and half marathon at miles 23.6 and 10.5 respectively. From there the course will take you east and after a downhill run you will come back to the beach and your final mile of the race. Try not to get distracted by the beauty of the coastline as you still have some work left. More than a mile of running down the coast brings you back to the finish area and the party. Be sure to stick around for the festivities and beer garden and to cheer on your fellow runners. 5k participants will enjoy the same finish line as the Marathoners and Half Marathoners, along with all the amenities and of course the Beachside Party afterwards. And the best thing yet.... 100% of net proceeds of the Inside Track Beachfront 5k goes directly to benefit the Ventura Education Partnership. An all-volunteer organization dedicated to raising funds directly for the classrooms of Ventura.

5k Aid Stations- There will be 1 aid station

- Water stations will be located at miles: 1.9 It is <u>RECOMMENDED</u> that you carry your own water supply.
- Electrolyte drink provided by Fluid will be the Finish line
- Basic First AID will be available at the all water stations.
- First AID will be available at the Finish.
- Bathrooms will be available at mile 1.9

Finishers Medals



Upon completion of the event, all participants will receive their finisher's medal.

--- MARATHON & HALF ---

I tab

For those of you who purchased your Itab personalized engraving plate for the back of your medal, we will submit results to Itab within 1 week of the event and they will ship your name plate directly to you with instructions on how to install it to your medal.



Awards -

There will be an awards tent in the finish expo area. If you think you won an overall award simply head over to the awards tent and they will look up your name and let you know. If you won, the volunteers will give you your prize right then and there. NO WAITING FOR A PESKY CEREMONY!!!!!

Award Brackets

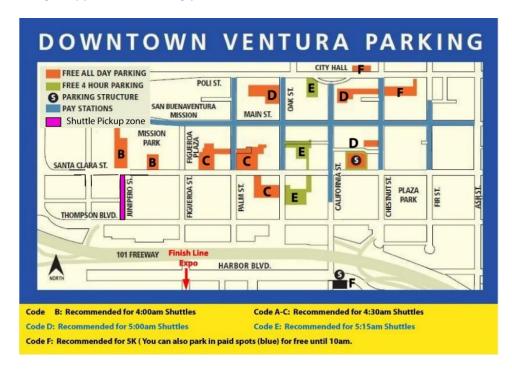
- Top 3 overall (male and female)****
- 1st place in each Age Group will receive awards. Age groups are as follows: 19 and under, 20-29, 30-39...80+

****There is no ceremony. Simply head to the awards booth and collect your award there.

Start Line Parking

5k- Recommended parking is in Downtown Ventura. There are ample pay locations available that are not enforced (WHICH MEANS THEY ARE FREE) until 10 AM on Sundays. So if you will be done with your event before then, please use a pay spot. *See Downtown Ventura Map below.

There is also parking at the Fair Grounds (not recommended) \$5 Cash required,
 see "Getting Dropped off or driving yourself?" section



--- MARATHON & HALF ---

Getting dropped off or driving yourself?

To get dropped off at the 5 Start Line:

From Downtown Ventura

- 1. Turn Down Figueroa St from Santa Clara St/ Thompson or Harbor Blvd
- 2. Figueroa St becomes Shoreline Dr.
- 3. Enter the Ventura County Fairgrounds (PARKING IS 5\$ CASH)
- 4. Follow signs for M2B.
- 5. Park anywhere in the Fairgrounds lots and walk to Start/ Finish Line.







--- MARATHON & HALF ---

Start line Bathrooms

Ample bathrooms will be provided and will be located just past the Athlete Food Area in the Finish Area Festival.

Event Timing

All participants will be professionally chip timed by Gemini Timing. Live results will be posted on the Clif Mountains 2 Beach site and at this link <u>HERE</u>, which is also on our website under Results, and the event Facebook page ASAP following the race.

If you would like to opt in for text message results click <u>HERE</u>

Or,

• Go to https://register.chronotrack.com/event/tracking/eventID/50303

Live Tracking

We will have a tracking link available under the "Race weekend info" tab on our website. On course live tracking will start when you cross the start line, split points, and of course when you finish.

Friends and family can sign up to track you by clicking HERE

Or,

• Go to https://register.chronotrack.com/event/tracking/eventID/50303

Race Photos-FREE DIGITAL DOWNLOADS!!!!!!

Your event photo will be professionally taken in multiple locations by Dan Holmes Photography. Photos will be available for FREE at <u>CLICK HERE</u> after the event. You will be able to link over from the Clif Mountains 2 Beach website as well.

Or,

Go to https://danholmesphoto.smugmug.com/Clif-Bar-Mountains-2-Beach-Marathons

--- MARATHON & HALF ---

Shuttles Locations/ Shuttle Parking

Ample shuttles are being provided at no cost to you for your convenience. You selected which shuttle option and time you would be taking during the registration process. You will be supplied a shuttle ticket. You must present this ticket to a shuttle coordinator prior to boarding. You must ride the shuttle time and location listed on your bib and ticket. Shuttles will only take participants to the start before the race. NOT after.

Downtown Ventura

The shuttles for this location will pick up at the corner of Santa Clara St and Junipero St. Simply find parking and walk to the shuttles and get on the correct shuttle for your event.

*****If you get on the half marathon shuttle and you are supposed to run the full, there WILL NOT be a shuttle to transport you to the correct start line and vice versa.

******For overcrowding reasons, no spectators or strollers will be allowed on the shuttles.

Downtown Ventura Shuttle Parking

Parking for the Downtown Ventura shuttles, the 5k and spectators will be in Downtown Ventura and will be on a first come, first serve basis. There are close to 3000 free spaces available all within 5-10 minute slow walking distance of shuttle pick up and the finish area. (note- the pay stations are not enforced until 10 am)

Aim to arrive 30 min before your scheduled shuttle to give yourself enough time to find parking and walk to shuttle pickup. PLAN AHEAD!!! DO NOT WAIT TILL RACE MORNING TO FIND WHERE YOU WILL PARK, AND HAVE A BACK UP LOCATION JUST IN CASE YOUR FIRST LOT IS FULL!!! DONT BE THAT PERSON WHO MISSES THE RACE BECAUSE YOU COULDN'T FIND PARKING.

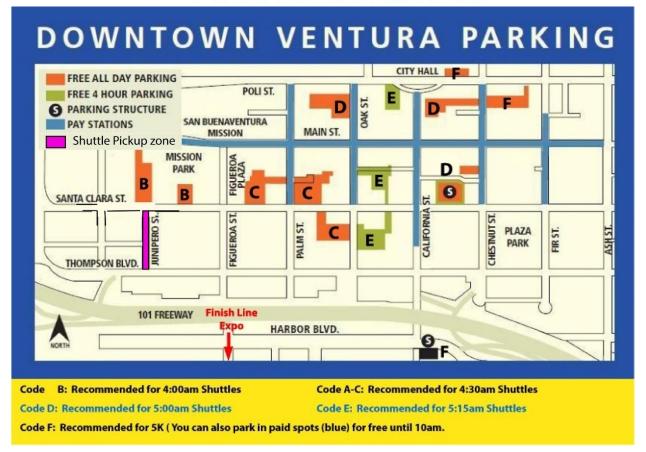
There is NO PARTICIPANT RACE DAY PARKING at the Ventura County Fairgrounds!!!

<u>Please be courteous to others. If you will be done with your race before 10 am use a pay spot!!!! They are FREE before 10am!!!</u>

******Pay close attention to city parking signs. Many downtown parking spots are only free for 4 hours from the time enforcement starts (10 AM) That means you are good only until 2 PM. Mountains 2 Beach and its affiliates and sponsors are not responsible for parking tickets or towing charges incurred. PLAN AHEAD!!! DO NOT WAIT TILL RACE MORNING TO FIND WHERE YOU WILL PARK. AND HAVE A BACK UP LOCATION JUST IN CASE YOUR FIRST LOT IS FULL!!!

See Downtown Ventura Parking Map on next page

--- MARATHON & HALF ---



***Event signs will guide all cars off the 101 freeway to the designated area for parking. It is up to you to use the City of Ventura Parking Map (see above) to find a suitable and <u>legal</u> spot

Free All Day Parking:

- S Palm St/ Santa Clara St- Enter from Palm St or Santa Clara
- N Oak St/ Main St. Enter from N Oak St.
- S Oak St/ Santa Clara St- Enter From Oak St or Santa Clara St
- Santa Clara St/ Figueroa St. Enter from Santa Clara St
- Santa Clara St/ Junipero St "VC Museum" Enter from Santa Clara St. or Main St
- Parking Structure 3rd to 5th floor.

Free 4 Hour Parking (time starts at 10 AM, so not enforced until 2 pm)

- S Oak St./ Main St- Enter From Oak St or Santa Clara St
- S Oak St/ Santa Clara St- Enter from Oak St or Santa Clara St
- Parking Structure 1st or 2nd floor

---- MARATHON & HALF ----

Ventura County Govt. Center

The shuttles for this location will pick up in lots B and C. The full marathon shuttles will be in Lot B while the Half marathon in Lot C. Simply find parking and walk to the shuttles and get on the correct shuttle for your event. (SEE BELOW PARKING MAP(s) FOR PARKING AND SHUTTLE LOCATIONS)

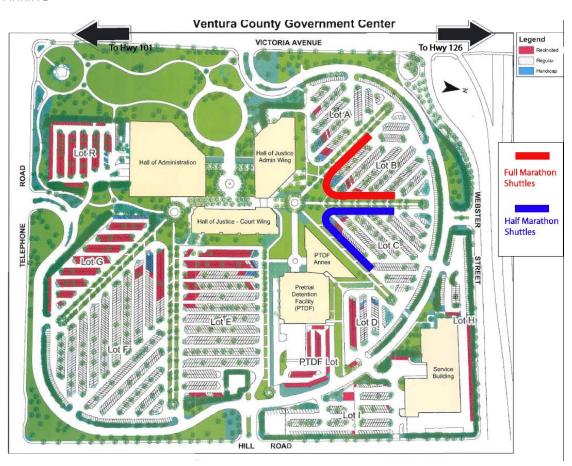
*****If you get on the half marathon shuttle and you are supposed to run the full, there WILL NOT be a shuttle to transport you to the correct start line and vice versa.

******For overcrowding reasons, no spectators or strollers will be allowed on the shuttles.

Ventura County Government Center Parking

Parking for the Ventura County Government Center Shuttle will be located at the Ventura County Govt Center lot located at 800 S Victoria Rd. in Ventura. (Shuttles from this location are strictly for athletes only. No family or friends will be allowed to board) Shuttles back to the Govt Center will be located across the main Fairgrounds parking lot (near the Amtrak station) on Harbor Blvd and will run

continuously from 9:00 am- 2:30 pm. <u>Aim to arrive 30 min before your scheduled shuttle to give yourself enough time to find parking and walk to shuttle pickup.</u> PLAN AHEAD!!! DO NOT WAIT TILL RACE MORNING TO FIND WHERE YOU WILL PARK, AND HAVE A BACK UP LOCATION JUST IN CASE YOUR FIRST LOT IS FULL!!! DONT BE THAT PERSON WHO MISSES THE RACE BECAUSE YOU COULDN'T FIND PARKING



--- MARATHON & HALF ---

Return Shuttle (Govt. Center Parking Only)

The return shuttle(s) for the Govt. Center will be located on the North end of the Ventura County Fairgrounds Main parking lot on Harbor Blvd. (next to the Amtrak Station) and will run from 9:00 am-2:30 pm.



--- MARATHON & HALF ---

Spectators

Spectators Watching Race

Because we are such a beautiful, secluded and scenic course, it <u>does not</u> provide a great platform for cheering on your loved one. Download the Waze app for road closure information or study the route maps and "road closure" page on the website to determine your viewing locations on route. The best place to see them running will be at the starts (parking is very limited and no spectators on the shuttles) and of course the finish area.

Spectator Parking

Full Start line Spectator Parking

Spectator parking for the full marathon start line is very limited and is on a first come first serve basis. It is highly recommended that you park on the South side (Ventura Side) of Hwy 150 so you can get out of Downtown Ojai more easily.

Half Marathon Start Line Spectator Parking

Spectator parking for the half marathon start line is very limited and is on a first come first serve basis. Park throughout the neighborhoods. Pay attentions to street signs, only park where legal. Keep noise to a minimum and be courteous to our neighbors.

5k Spectator parking

Finish Line Spectator Parking

The Fairgrounds lot will be open to spectators and family but not for athletes in the early hours of the morning. It also is \$5 cash.... We recommend all spectators and family utilize downtown Ventura parking options.

Road Closures

Download the Waze app to get the fastest routes through Ojai and Ventura on race morning. Visit our website to see all race day road closures. Click the Road Closure Information link in the side bar.

--- MARATHON & HALF ---

Weather

In the event of inclement weather such as high heat, lightning, tornadoes, hurricanes and the like, Clif Bar Mountains 2 Beach Marathon and Half and Fast Green Racing Inc. reserve the right to eliminate select portions of the course, or cancel the event in order to ensure the safety of racers, volunteers and staff. Refunds will not be given in the event of route change or cancellation. Weather in the mountains can be unpredictable. Please come prepared for chilly morning temps and possible storms.

All participants are encouraged to bring some warm clothes and different shoes for the post-race party. Sandals feel amazing after a race!!!

Wear something old and warm to the start line. And simply shed the garment and we will pick it up and donate it to GOODWILL.

- Typical race start temperature is 55 degrees
- Typical finish line temperature is 72 degrees
- Wear Sunscreen!!!!
- Pay attention to our Facebook page and website for updated weather info 1 week prior to the event.

Finish Line Festival and Beer Garden

Ample post-race food will be available for athletes only and includes but is not limited to:

- Oranges
- Bananas
- Watermelon
- Clif Bars
- Cookies
- Bagels
- Pretzels
- Ample water and electrolyte drink provided by FLUID will be available at the finish

M2B Race Special Offers

Please stop by the Race Store Booth where we will have some items for purchase.

- Hats
- Shirts
- Socks
- Jackets
- Beer Mugs
- Stickers
- And more!!!!
- CASH AND CREDIT ACCEPTED

--- MARATHON & HALF ---

Beer Garden/Responsible Drinking

There will be an amazing Beer Garden lining the finish line chute available to all participants and spectators 21 years of age and older with beer by Firestone Brewing Company. A government issued photo ID will be required.

- No ID= No Entry
- Beer will be available for \$5.00 (cash only) (tickets sold at race store)
- 100% of Proceeds go to the Ventura Land Trust
- The Clif Mountains 2 Beach Marathon would like to remind you to Please Drink Responsibly.

Food Trucks-

We have a few food trucks that will be available come race day. Be sure to have some cash with you and your credit card so you can stay at the beach and hang out with us for the finish line party.

After Party

We will be hosting an Official After Party with our partners over at Ventura Coast Brewery. Located 76 South Oak St, in Downtown Ventura. Ventura Coast Brewery is open 11-8 to everyone. Runners can bring in their bib for a special discount. Official After Party starts at 6:00 pm, come on in and enjoy great deals on beer, and meet some of the staff from M2B.

Contact Us

For any questions or concerns that haven't been addressed here, please visit our website or email us at info@mountains2beachmarathon.com